

Phase 1: Preschool Classes

Gymnastics 1: Parent and Child Together (under 3) ■ 45 mins

\$180.00 for 10 week session or \$64.00 monthly

This class encourage parents to assist their children in their first experience in a gymnastics class. Instructors teach basic names of positions and the foundation for early gymnastics skills. Children in this class must be accompanied by an adult.

Gymnastics 2: Mini Tots (2 years old) ■ 45 mins

\$180.00 for 10 week session or \$64.00 monthly

This is a transitional class with a goal of allowing children to complete class on their own. With the help of our tender coaches, all children will successfully be completing this class on their after a few weeks. Please talk with your instructor about which strategy you think will best help your child accomplish this milestone.

Gymnastics 3: Mighty Tots (3 and 4) ■ 45 mins

\$180.00 for 10 week session or \$64.00 monthly

This class is for 3 and 4 olds that are new to gymnastics and are ready to attend classes without a parent present. Children learn how to perform basic positions and practice drills for basic skills. Students learn the idea of a basic circuit where they are able to attempt some skills on their own.

Gymnastics 4 Turbo Tots (3 and 4) ■ 55 mins

\$199.00 or 10 week session or \$72.00 monthly

This class is for 3 and 4 year olds that have successfully completed Gymnastics 3 Children in this class also need to understand the names of the basic gymnastics skills in order to understand the coaches instruction. Evaluation required.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:15—10:00 Gymnastics 1		9:15—10:00 Gymnastics 2		9:00—9:45 Gymnastics 2
	11:30—12:15 Gymnastics 2		11:30—12:15 Gymnastics 1		10:00 - 10:45 Gymnastics 3
3:15—4:00 Gymnastics 2	3:30—4:15 Gymnastics 2	3:45—4:30 Gymnastics 2	5:30—6:15 Gymnastics 2		
4:00—4:45 Gymnastics 3	3:30—4:15 Gymnastics 3	4:45—5:30 Gymnastics 2	5:30—6:15 Gymnastics 3	4:00—4:45 Gymnastics 3	
4:00—4:55 Gymnastics 4	3:30—4:25 Gymnastics 4	4:00—4:45 Gymnastics 3	5:30—6:25 Gymnastics 4		
5:00—5:45 Gymnastics 2		4:00—4:55 Gymnastics 4			

2011 - 2012 Session Dates

Session 1: August 22 - October 29

Session 2: October 31—January 21

Session 3: January 23—March 31

Session 4: April 2—June 9

We will be closed :
Sept.5 - Labor Day
Nov.24 -Thanksgiving
May 28- Memorial Day

Payment Options

SESSION: Pay for the 10 week session at the price listed next to your class. Payment due at the time of registration. There is a once per year registration fee of \$50/individual or \$70/family. **Semester tuition** can be paid by cash, check or charge and is *not auto renewable*. You must sign up each session. Pay to reserve your spot. Sign ups are first come, first served

MONTHLY: Enroll in our Monthly Autobill Program and save money! Our Monthly Autobill Program has a minimum enrollment of three months. After the third month, cancellation is possible by submitting a drop notice to the office 30 days prior to the 15th of the month. Payments are billed on the 15th of the month prior to attendance. All monthly tuition is auto deducted only. No monthly fees will be accepted any other way. **Monthly registration is automatically renewed** each month and you cannot lose your space unless your payment is declined. All monthly autobill customers also receive:

- A. Discount on class prices
- B. 10% discount on birthday parties
- C. One free pass for BABY OPEN GYM or PARENTS' NIGHT OUT.
- D. One free school's closed camp day
- E. 10 % discount to our Pro shop (leotard, shorts and t shirts).
- F. Free Gymnastics Plus bag

Policies & Procedures

BOUNCED CHECK FEE or declined auto charge fee. A \$35 service fee will be charged on all returned checks or declined auto charges.

REFUND POLICY-We do not give refunds. All fees are non-transferable and nonrefundable.

MAKE-UP POLICY- Making up missed classes is a privilege we extend to our customers, but it is not guaranteed. If you are going to be absent you must call the gym and inform us of the absence, in advance, to be eligible for a make-up class. Make-ups are limited to 1 per month and must be made up in the same semester. Make-ups are by appointment only. All appointments are made through Gymnastics Plus' office staff only. Make-ups are only for enrolled students and there is no substitution for make ups. No make-up's will be carried over to another semester and make ups will not be given in the form of a cash refund.

ANNUAL REGISTRATION FEE: \$50 per year or \$70 per family

SIBLING CLASS DISCOUNTS : 10% off 2nd, 3rd child least expensive class discounted.

MULTIPLE CLASS DISCOUNT- 20% off 2nd class

PROPER ATTIRE-Leotards, stretch shorts & t-shirts tucked in are acceptable. No belts, buckles, jewelry, earrings (except studs), rings, buttons or zippers, watches or bracelets. Hair should be pulled back with soft hair ties (not metal or plastic).

HURRICANE PROCEDURE - We follow Palm Beach County school system polices during hurricanes. If schools are closed or are closing early, we will be closed. If they remain open so will we. Check your local news sources.

WARNING OF RISK TO PARTICIPANTS- BE ADVISED THAT ANY ACTIVITY INVOLVING MOTION OR HEIGHT CREATES THE POSSIBILITY OF ACCIDENTAL INJURY. PARENTS AND PARTICIPANTS SHOULD BE AWARE THAT INJURY IS POSSIBLE IN CONNECTION WITH THIS AND ANY OTHER ATHLETIC ACTIVITY. PARENTS AND SPECTATORS SHOULD STAY IN THE DESIGNATED AREAS SO AS NOT TO INTERFERE WITH THE SAFETY AND LEARNING OF THE GYMNASTS.



Phase 2: Recreational Classes

Gymnastics 5: Green ○ ages 5—7 **Girls or Boys** 1 hr 15 mins

\$259.00 for 10 week session or \$89.00 monthly

This class is for children ages 5 - 7 that are new to gymnastics or moving up from our Mighty or Turbo Tots. This class teaches children basic skills and proper form

Gymnastics 6: Blue ○ ages 8 + **Girls or Boys** 1 hr 15 mins

\$259.00 for 10 week session or \$89.00 monthly

This class is for children ages 8+that are new to gymnastics.

Gymnastics 7: Red ○ ages 6+ **Girls** 1 hr 30 mins

\$269.00 for 10 week session or \$96.00 monthly

This is class is for students that have completed Gymnastics 5 or 6 . Students should be at least 6 years old and have gymnastics experience. Evaluation required.

Gymnastics 8: Black ○ ages 7+ **Girls or Boys** 1 hr 45 mins

\$279.00 for 10 week session or \$100.00 monthly

This class is for the intermediate recreational gymnast. Students should have completed Gymnastics 7. Evaluation required.

Gymnastics 9: Gold ○ ages 8+ **Girls** 1 hr 45 mins

\$279.00 for 10 week session or \$100.00 monthly

This class is for the more advanced recreational gymnast. Evaluation required.

Tumbling: All ages ○ **Co ed** 1 hour

\$209.00 for 10 week session or \$74.00 monthly

This class is for tumblers of all levels.

Teenstars: 13—17 ○ **Co ed** 1 hour 30 mins / 2x week

\$199.00 for 10 week session or \$69.00 monthly

An opportunity to combine working out with a nice safe supervised hangout!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00—5:15 Gymnastics 5	3:30—4:45 Gymnastics 5	4:00—5:15 Gymnastics 5	4:00—5:15 Gymnastics 5	4:00—5:15 Gymnastics 5	9:00—10:15 Gymnastics 5
4:00—5:30 Gymnastics 6	3:30—4:45 Gymnastics 6	4:30—5:45 Gymnastics 6	4:00—5:15 Gymnastics 6	5:15—7:00 Gymnastics 8	9:00—10:15 Gymnastics 6
4:00—5:30 Gymnastics 7	4:00—5:45 Gymnastics 8	4:45—6:15 Gymnastics 7	4:00—5:30 Gymnastics 7	5:15—7:00 Gymnastics 9	10:15—11:45 Gymnastics 7
4:30—6:15 Gymnastics 8	4:00—5:45 Gymnastics 9	5:00—6:00 Tumbling	5:30—7:00 Gymnastics 7	5:30—7:00 Gymnastics 7	10:15—12:00 Gymnastics 8
4:30—6:15 Gymnastics 9	4:30—5:45 Gymnastics 5	5:00—6:45 Gymnastics 8	5:30—7:15 Gymnastics 8	5:45—7:00 Gymnastics 6	10:30—11:45 Gymnastics 6
5:00—6:15 Gymnastics 5	4:30—5:45 Gymnastics 6	6:00—7:30 Teenstars	5:30—7:15 Gymnastics 9		10:30—11:45 Gymnastics 5
5:00—6:15 Gymnastics 6	4:30—5:45 Gymnastics 5	↔ BOYS ↔	3:45—5:00 Gymnastics 5	↔ BOYS ↔	10 :00—11: 15 Gymnastics 5
5:30—7:00 Gymnastics 7	4:30—5:45 Gymnastics 6	↔ BOYS ↔	3:45—5:00 Gymnastics 6		
6:00—7:30 Teenstars	4:00—5:45 Gym 8/9	↔ BOYS ↔	3:45—5:30 Gym 8/9		